

ANNUAL REVIEW

2017/18

southmeadhospitalcharity.org.uk

Registered Charity Number 1055900





"Thank you to everyone who has donated their money, time, or talents to us. You have helped make a real difference to our patients and staff"

Welcome to the latest Annual Review which looks back at another busy year in the life of Southmead Hospital Charity.

WELCOME

It's been a year of growth and change for the Charity as it continues to create a structure fit for purpose for the coming years. New members of staff have joined the team, new processes are being instigated, and the Charity continues to review its operations to ensure the best use of donated funds.

It's also been a year of progress – our Prostate Cancer Care Appeal has achieved a major milestone with the purchase of a new surgical robot for the Urology team at Southmead Hospital. And we're indebted to the John James Bristol Foundation for their award of £300,000 to the Appeal which will allow us to push ahead to raise funds for a second robot.

Our connections with the local community and the wider region continue to flourish. Last year we were Charity of the Year with a number of businesses and were delighted to be the main beneficiary of 2017's Rotary Club of Bristol Breakfast's dragon boat festival. We were proud to host a robot day for local primary schools, and led tours of Southmead Hospital for Doors Open Day. We were also chosen to host live performances for BBC Music Day.

To top off a successful year, the Charity was also named as a finalist in the Bristol Life Awards.

Once again this year we have been overwhelmed by the support of our fundraisers and donors. Thank you to everyone who has baked, ran, swam and skydived for us. And thank you to everyone who has donated their money, time, or talents to us. You have helped make a real difference to our patients and staff.

Jaki Meekings Davis
Chair, Southmead Hospital Charity



ABOUT US

Thanks to our fundraisers and donors we support projects which really improve the care our patients at North Bristol NHS Trust (NBT) receive, and projects which help develop our staff.

We raise funds for Southmead Hospital in Bristol, Cossham Hospital and the community health services of North Bristol NHS Trust. Our aim is to make life better for the 800,000 patients our Trust treats every year and for our staff by funding:



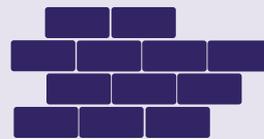
EQUIPMENT

we fund specialist medical equipment to ensure our patients have access to the most state of the art equipment and care



RESEARCH

in collaboration with our research partners, we support pioneering projects which improve diagnostic and treatment options



ENVIRONMENT

through our capital improvement programme and Fresh Arts scheme we support projects which improve the hospital environment



SUPPORT

we provide additional support services to our patients and visitors, and recognise our staff and volunteers through our staff pastoral and development programme

OUR MISSION STATEMENT

In partnership with North Bristol NHS Trust we will enhance the provision of high quality patient care for the public benefit. The Charity supports the provision of healthcare free at the point of need and cares for the staff, carers and families and patients by focusing on areas not covered or fully supported by central NHS funds.

“As the Chief Executive of North Bristol NHS Trust (NBT) I am proud of Southmead Hospital Charity’s (SHC) successes over the last few years. The generous donations we receive enable the Charity to fund new medical equipment, support vital, world class research, develop facilities at our hospitals and introduce new patient, visitor and staff support services. The pace at which advances in technology are changing the face of health care is phenomenal.

Whether it is supporting ground breaking surgery, like the purchase of a new £750,000 surgical robot as part of the Charity’s Prostate Cancer Care Appeal or supporting the Dance with Parkinson’s scheme as part of the Trust’s Fresh Arts work, the Charity lies at the heart of the Trust’s vision; to provide exceptional, pioneering healthcare to the 800,000 patients we treat every year and further afield to our catchment of 4 million across the South West.

So thank you – your support, and the extraordinary patients and families here at NBT, fuel the Charity’s drive to make a better future for those that need our services. The Charity is growing and has ambitious plans for the year ahead. I’m proud to lead the Charity at such a pivotal moment of change to help transform healthcare across the region.”

Andrea Young, Chief Executive, North Bristol NHS Trust



LAST YEAR IN NUMBERS

Last year we raised over £1.3 million in donations from individuals, community fundraising, corporate support, trusts and foundations and legacies.

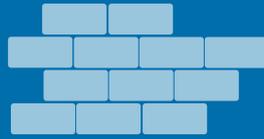
We gave over £2.2 million to North Bristol NHS Trust including:



Over £900k for new capital equipment



£330k for vital research projects

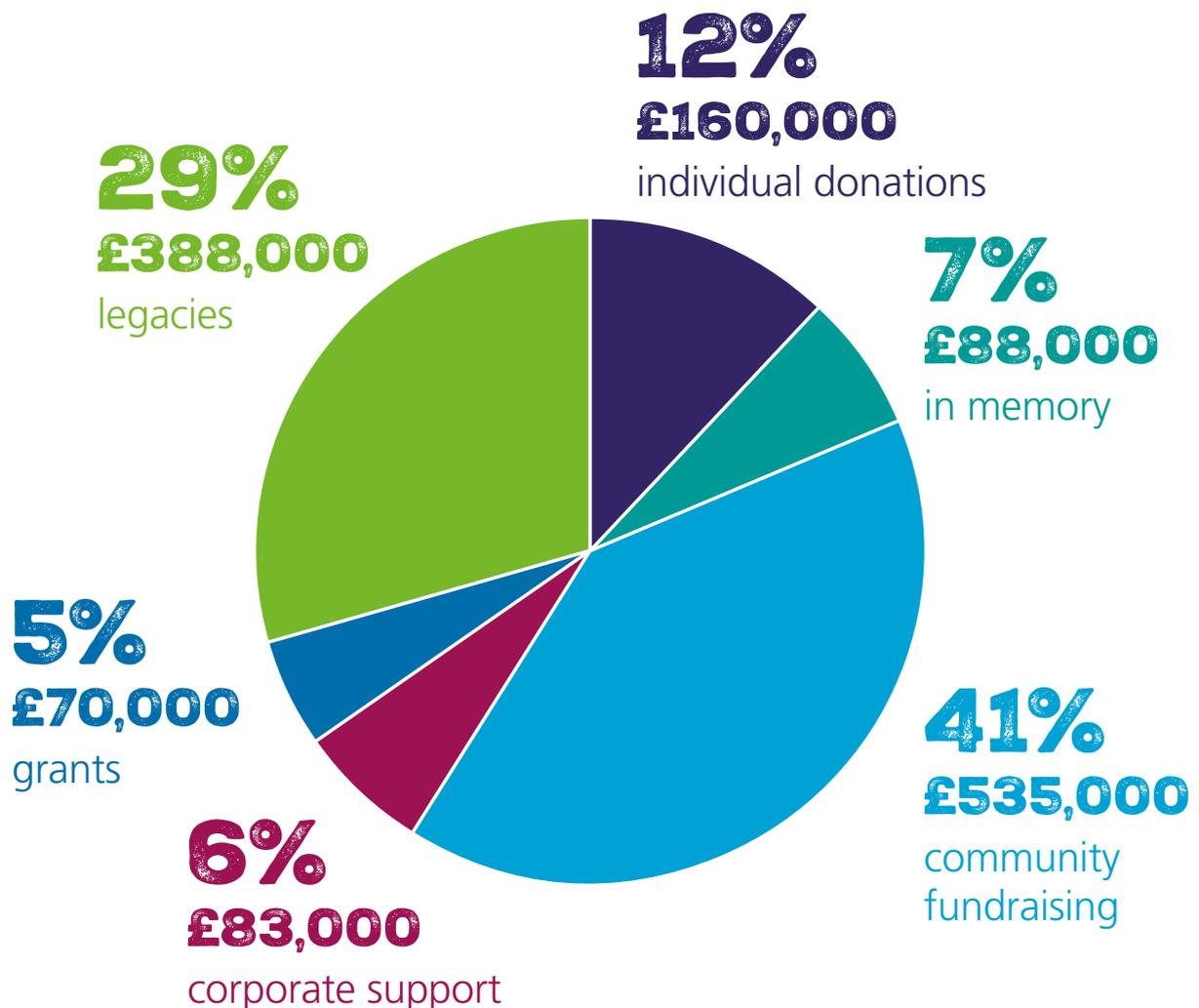


Over £65k to improve the hospital environment



Over £900k to improve patient and staff welfare

HOW OUR INCOME 2017-18 BREAKS DOWN





“...with the Charity’s purchase of a new robot we can continue to be at the forefront of prostate cancer care”



SPECIALIST EQUIPMENT

We fund specialist medical equipment to ensure our patients have access to the most state-of-the-art facilities and care.

Prostate Cancer Care Appeal – a new surgical robot

As part of our Appeal this year we purchased a pioneering £750,000 surgical robot to treat men with prostate cancer.

The new, more advanced Intuitive Da Vinci robot will continue the pioneering work at Southmead Hospital in treating men with prostate cancer from across Bristol and the South West, ensuring that NBT stays at the forefront of cancer care.

We are very grateful to the John James Bristol Foundation for the £300,000 boost they have given to the second stage of our Appeal. It will help us move on towards buying a second surgical robot.

“Our urology team have created a leading prostate cancer service and with the Charity’s purchase of a new robot we can continue to be at the forefront of prostate cancer care and grow our expertise in treating other cancers robotically.”

Salah Albuheissi, lead urology consultant

HIGHLIGHTS

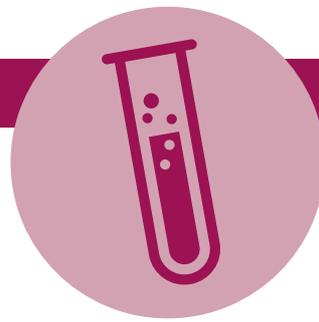
Our donors also helped us fund:

- ✦ **46 wheelchairs** for use across all wards in Southmead Hospital, helping ease the movement of patients
- ✦ **4,800 slide sheets** which help staff move patients carefully and comfortably. They’re a simple yet invaluable piece of kit
- ✦ **Neonatal Intensive Care drug boxes** to help parents of babies in neo-natal intensive care prepare for their discharge home
- ✦ **Lead aprons**
These enable theatre staff to take X-rays during surgery to support diagnosis and treatment
- ✦ **Foldaway beds**
We purchased 6 foldaway beds for family members and carers to use when they wish to stay overnight in the hospital with their relatives



“[The Charity] supports high-quality projects with the potential for making a real impact within the NHS”

YOU HELP US FUND



MEDICAL RESEARCH

In collaboration with our research partners, we support pioneering projects which will improve diagnostic and treatment options.

“Southmead Hospital Charity provides funding for medical and health research to support high quality projects with the potential for making a real impact within the NHS. We are incredibly grateful for the donations we receive, thank you.”

Rebecca Smith, Deputy Director of Research and Innovation at North Bristol NHS Trust

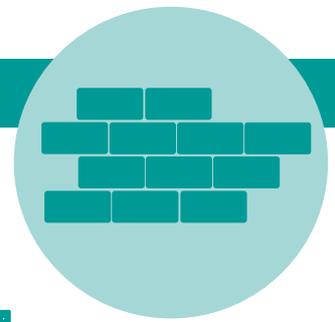
HIGHLIGHTS

Projects we've supported this year include:

- ✘ **Understanding patient perceptions of dose reduction for biologic therapy in inflammatory arthritis** – leading to improved service and treatment options
- ✘ **Development of simulation training for difficult delivery of an impacted fetal head at caesarean section** – creating a training program for maternity staff, leading improvements in outcomes for mothers and babies
- ✘ **Developing an adapted treatment package for anxiety in Chronic Fatigue Syndrome/ME** – developing a combined treatment not used previously in CFS/ME
- ✘ **Two phd students** – one identifying risk factors for brain tumours, and the other researching new drug targets for brain tumours



“...the herb garden has something for all”



IMPROVEMENTS TO THE HOSPITAL ENVIRONMENT

Through our capital improvement programme and Fresh Arts scheme we support projects which help make the hospitals within our Trust nicer places to be for patients, visitors and staff.

Roof top herb garden

We part-funded a new rooftop garden where over 30 culinary, medicinal and therapeutic herbs are grown for use in patient and staff meals.

Staff are also being encouraged to help maintain the garden – a great way to relax which offers enormous health benefits.

“Whether you are interested in healthier, tastier food for our patients and staff, a restful aromatic retreat supporting staff breaks, or sustainable development and providing a place for nature and wildlife, the herb garden has something for all.”

Simon Wood, Director of Facilities at North Bristol NHS Trust

HIGHLIGHTS

Fresh Arts programme

Research has shown that through the arts hospitals can create a better healing environment – helping patients to get better quicker. Thanks to our donors, we’re able to support a number of Fresh Arts projects, including:

- ✦ Weekly Dance with Parkinson’s sessions for patients and their carers
- ✦ Make your Mark bedside visual arts projects for elderly patients and patients with dementia
- ✦ Play it Again weekly music sessions in Elgar House
- ✦ Kindness is Everywhere creative arts project across the Trust

“At a time when your life might be closing in on you these dance sessions show that you can still learn new skills and make new friends.”

Ruth Sidgwick, NBT Fresh Arts Programme Manager



“staff feel better able to cope with the issues they face ...”



PATIENT AND STAFF SUPPORT

We provide additional support services to our patients and visitors, and recognise our staff and volunteers through our staff pastoral and development programme.

Schwartz Rounds

"It was so reassuring to hear that other staff have shared feelings that I have. Thank you!"

Member of NBT staff

Thanks to our donors we continue to fund the Schwartz Rounds at Southmead Hospital. The Rounds provide a safe and confidential place for reflection for staff from across the Trust, no matter what their roles are. They can consider the emotional or psychological aspects of their work that may otherwise build up, causing stress or anxiety.

A recent study has shown that staff feel better able to cope with the issues they face and have more empathy towards patients and colleagues.

SUPPORTING OUR VOLUNTEERS

Across NBT there are more than 500 volunteers who give more than 50,000 hours a year – from providing meal-time support to patients, helping visitors find their way around the hospital, befriending patients on wards, or serving in the League of Friends Coffee Shop

Thanks to a very generous donation to our volunteer fund we can now offer more support to our volunteers through a five year programme of work, and recognise the invaluable work they do.

HIGHLIGHTS

✦ Two new virtual tours

Thanks to our donors we funded development of two new virtual tours of Southmead Hospital's maternity unit, and of Cossham Hospital. They allow patients to familiarise themselves with the buildings in advance of a visit, giving them confidence and reassurance before they leave home.



Our first ever abseil fundraising event raised over £32,000

FUNDRAISING

HIGHLIGHTS OF THE YEAR

← Abseil

We hosted our first ever abseil fundraising event in September. Thanks to the brave 117 supporters who took part and climbed down our Brunel building, the event raised over £32,000.



↑ Bakewell Wednesday cake sales

Over £19,000 was raised by our weekly Bakewell Wednesday cake sales for a wide range of wards and departments in the hospital – an increase of 52% on last year.



Buskathon continues to grow

Our twice yearly live music event has gone from strength to strength and this year raised over £35,000 for our Prostate Cancer Care Appeal.



ICU coastal challenge

← Staff from our Intensive Care Unit (ICU) undertook an enormous coastal challenge to raise money for their department. Over the course of 8 weeks the staff and their family and friends walked the entire 630 mile long south west coastal path.



Village panto

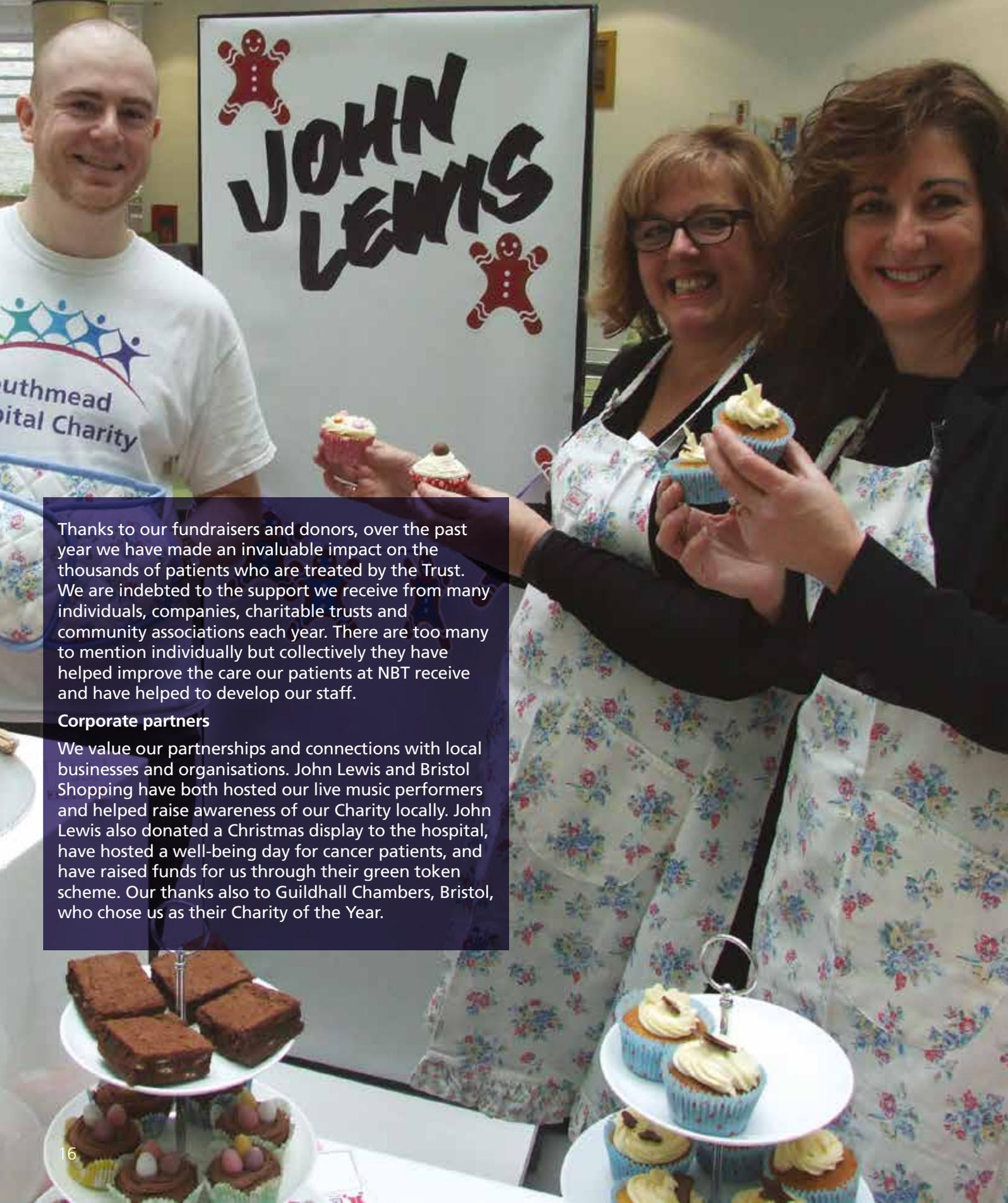
Family and friends of Sharon Simpson, who was treated in our Intensive Care and Maternity Units, put on a village pantomime in Kingswood to raise funds for us as a thank you for the treatment Sharon and her daughter received. The panto raised over £15,000.



← Christmas

Our Christmas activity raised over £30,000 – a 50% increase on last year's total.

THANK YOU



Thanks to our fundraisers and donors, over the past year we have made an invaluable impact on the thousands of patients who are treated by the Trust. We are indebted to the support we receive from many individuals, companies, charitable trusts and community associations each year. There are too many to mention individually but collectively they have helped improve the care our patients at NBT receive and have helped to develop our staff.

Corporate partners

We value our partnerships and connections with local businesses and organisations. John Lewis and Bristol Shopping have both hosted our live music performers and helped raise awareness of our Charity locally. John Lewis also donated a Christmas display to the hospital, have hosted a well-being day for cancer patients, and have raised funds for us through their green token scheme. Our thanks also to Guildhall Chambers, Bristol, who chose us as their Charity of the Year.

OUR 2018/19 FUTURE PLANS

Following on from the robust and thorough Charity review which took place during 2017, work has now begun to formulate a new 5 year strategy for Southmead Hospital Charity which will coincide with investment to grow fundraising through individual giving, corporate fundraising and major gifts during 2018/19.

Building on the success already achieved we are confident that the Charity will be in a position to purchase the second surgical robot as part of the Prostate Cancer Care Appeal.

We will also continue to improve and renew our processes in order to ensure best practise across the Charity. We want to ensure our donors and supporters are confident that our processes protect their rights and that we have taken the necessary steps to ensure we are fully GDPR-compliant.

Specifically during 2018/19 the Charity will support North Bristol NHS Trust by:



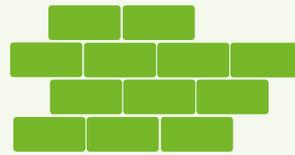
EQUIPMENT

- ✦ raising the remaining funds needed to purchase the second surgical robot for the Charity's Prostate Cancer Care Appeal.
- ✦ helping to purchase new medical equipment throughout the Trust, specifically within specialist areas including neurology and NICU.



RESEARCH

- ✦ collaborating further with our research partners to support the continued vision to be a world leader in brain cancer research, diagnosis and treatment.
- ✦ funding further advanced research into the early detection of Parkinson's Disease.



IMPROVEMENTS TO THE HOSPITAL ENVIRONMENT

- ✦ creating a unique healing environment through the Trust's Fresh Arts programme.
- ✦ improving care and support for patients and visitors with dementia by providing a dementia-friendly environment across the Trust.



PATIENT AND STAFF SUPPORT

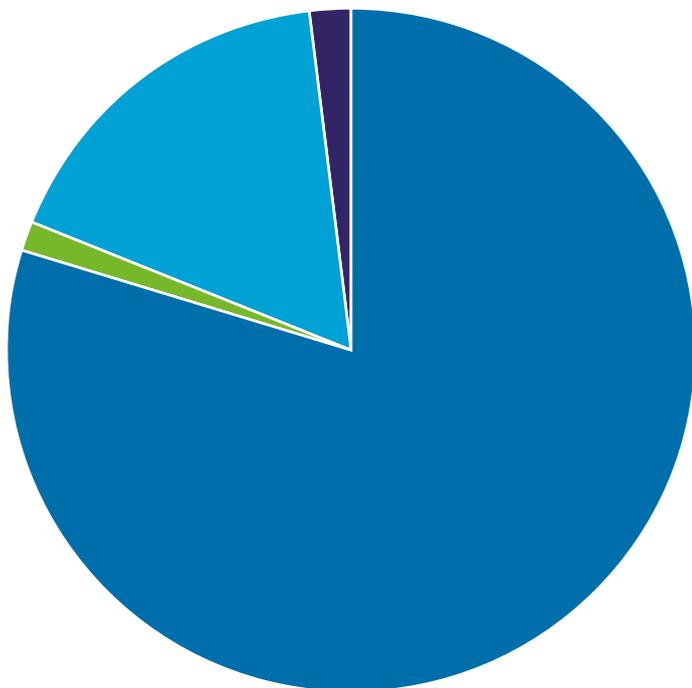
- ✦ further enabling NBT to be a training centre of excellence for robotic surgery and the largest urology centre in the South West.
- ✦ enhancing the Trust's Health and Wellbeing strategy, and launching a staff and volunteer 'Health and Wellbeing programme'.

The Charity's plans are ambitious, but with the backing of Trustees and staff and the support of our wonderful fundraisers, volunteers and donors we can really help enrich the healthcare provided through the Trust at the very highest level.

Elizabeth Bond
Head of Fundraising
Southmead Hospital Charity

OUR INCOME AND EXPENDITURE

INCOME



£1,324,000

Donations and legacies

£25,000

Other trading activities

£278,000

Investments

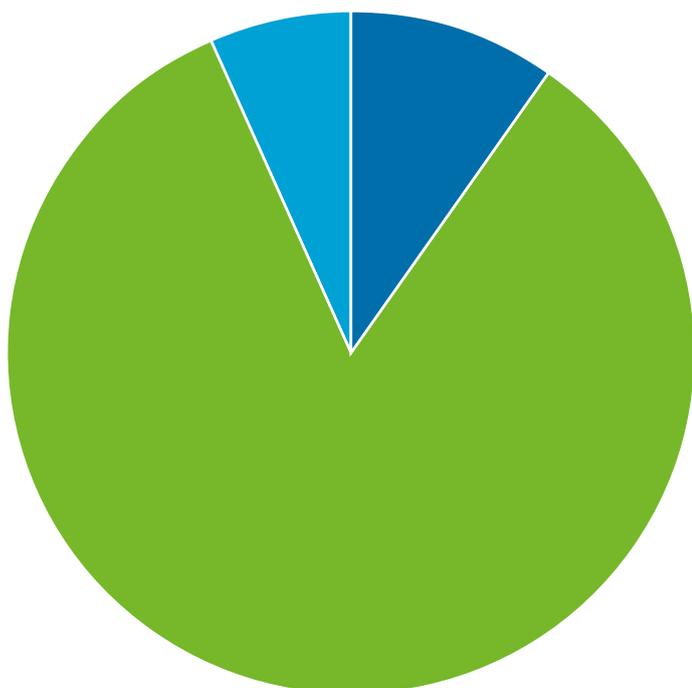
£32,000

Other

Total income and endowments

£1,659,000

EXPENDITURE



£264,000

Raising funds

£2,270,000

Charitable activities

£173,000

Other

Total expenditure

£2,707,000

A copy of our full annual accounts 2017/18 is available from our website (southmeadhospitalcharity.org.uk) or via the Charity Commission website (gov.uk/government/organisations/charity-commission)

HOW WE ARE MANAGED

Southmead Hospital Charity, registered Charity number 1055900, is administered and managed by the Trustee, North Bristol NHS Trust as a corporate body, which is represented by the Trust Board of Directors. Members of the Trust Board and are not individual Trustees under charity law but act as agents on behalf of the Corporate Trustee.

During the 2017/18 year the following individuals served as Trustees of North Bristol NHS Trust:

Chairman	Peter Rilett until 1 November 2017 Frank Collins from 2 November 2017
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Non-Executive Directors	John Everitt Professor John Iredale Jaki Meekings-Davis Robert Mould Dr Liz Redfern CBE Andrew Willis until 31 April 2017 Tim Gregory from 1 July 2017
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Executive Directors	Andrea Young Chief Executive Dr Christopher Burton Medical Director Sue Jones Director of Nursing and Quality Kate Hannam Director of Operations Catherine Phillips Director of Finance
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The authority to administer the Trust's charitable funds have been delegated by the Trust Board to Southmead Hospital Charity Committee. The Committee meets on a quarterly basis to:

- ✦ Control, manage and monitor the use of the fund's resources for public benefit.
- ✦ Provide support, guidance and encouragement for all its income generating and philanthropic activities whilst managing and monitoring the receipt of all income.
- ✦ Ensure that 'best practice' is followed in the conduct of all its affairs fulfilling all of its legal responsibilities.
- ✦ Ensure that the Investment Policy approved by the NHS Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations.
- ✦ Keep the Trust Board fully informed on the activity, performance and risks of the Charity.

During 2017/18 members of the Charitable Funds Committee were:

Chairman	Jaki Meekings Davis Non-Executive Director
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Executive Directors	Catherine Phillips Director of Finance Sue Jones Director of Nursing and Quality
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Other Members	Jasmeet Soar Consultant Intensivist Katherine Lor Head of Nutrition/Dietetics Kyra Neubauer Care of the Elderly Consultant Niall Prosser Divisional Manager, Anaesthesia, Surgery, Critical Care and Renal Rhona Galt Divisional Manager, Neurology and MSK Elizabeth Bond Head of Fundraising
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CONTACT DETAILS

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